

## WAYS TO SUPPORT

Our annual fund-raising efforts include:



**Gerry Bertier #42<sup>®</sup>  
Charity Golf Tournament**  
Fredericksburg, VA



**Live National Telethon**  
SIRIUS Radio:  
*The Mike Church Show*



**“Remember The Titans”**  
Movie and Reception  
1971 T.C. Williams “Titans”  
football team

We invite you to support the work of the foundation by making donations directly on the Web site or by check to:

**Gerry Bertier #42<sup>®</sup> Foundation**  
P.O. Box 2601  
Spotsylvania, VA 22553  
Phone (540) 760-4683  
[www.gerrybertier.com](http://www.gerrybertier.com)

*Thank you for your interest and please contact us with your questions and suggestions.*



**GERRY BERTIER  
#42<sup>®</sup> FOUNDATION**

Gerry Bertier #42<sup>®</sup> Foundation is a non-profit (501-C3) organization dedicated to improving SCI care through support of research and education.

[www.gerrybertier.com](http://www.gerrybertier.com)

## Spinal Cord Injury Rehabilitation & Research



**GERRY BERTIER  
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**RICHMOND, VIRGINIA**

**“Making the world more accessible  
for those with disabilities”**

# Spinal Cord Injury Rehabilitation & Research

## The Spinal Cord Injury (SCI) Rehabilitation and Research Center

at VCU provides comprehensive state-of-the-art care with a commitment to improve hope, function and quality of life. It is the only Level 1 trauma center in central Virginia and one of just 20 nationwide to have had federal designation as a Model System for SCI Care.

SCI research at VCU pursues therapeutic advancements in care and outcomes for individuals with SCI. The program actively participates in collaborative projects sponsored by the National SCI Model Systems and provides leadership in dissemination and education.

## SCI Facts and Figures

- 85 new SCI cases a year at VCU
- Average Age: 34 years
- Common Etiologies:
  - Vehicle crash (40%)
  - Falls (30%)
  - Violence (27%)

## Current SCI Research at VCU

- Advanced Research in Spasticity
- Early Motor Recovery after SCI
- Functional Electrical Stimulation
- Locomotor Training
- Needs Assessment of SCI
- Metabolic Syndrome & SCI
- Outcomes in Non-Traumatic SCI
- Pressure Mapping Systems



## Gerry Bertier

(1953-1981) was a leader on perhaps the best football team in Virginia high school history, the 1971 T.C. Williams “Titans.” He was a high school All-American and “the best linebacker in the country,” according to head coach Herman Boone. Gerry suffered a spinal cord injury and would use his leadership and advocacy skills to make the world more accessible for those with disabilities.

The popular Disney movie “Remember the Titans” memorialized Gerry and his teammates.



Gerry Bertier #42® Foundation donates proceeds generated from annual charity events to further the cause of Spinal Cord Injury Research at VCU.

For more information, visit:

[www.gerrybertier.com](http://www.gerrybertier.com)